

The “5 Rs” of greener endoscopy

Reduce • Reuse • Recycle • Research • Rethink

February's tip from the Green Endoscopy Working Group.

Reuse...

- **gowns** – up to 66% reduction of the carbon footprint compared to single-use gowns.
- **endoscopic accessories** between procedures, when combining upper GI endoscopy followed by colonoscopy within the same patient (e.g., biopsy forceps or polypectomy snares).
- **sterile water** plastic bottles and procedure's leftover sterile water for 'bed-side' cleaning.

Reusable cap

Reusable clothes

Reusable cup

Reusable shoes

