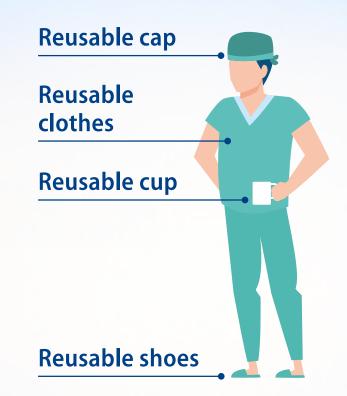
## The "**5 Rs**" of **greener** endoscopy Reduce • Reuse • Recycle • Research • Rethink

February's tip from the Green Endoscopy Working Group.

## Reuse...

- **gowns up to 66%** reduction of the carbon footprint compared to single-use gowns.
- endoscopic accessories between procedures, when combining upper GI endoscopy followed by colonoscopy within the same patient (e.g., biopsy forceps or polypectomy snares).
- **sterile water** plastic bottles and procedure's leftover sterile water for 'bed-side' cleaning.







European Society of Gastroenterology and Endoscopy Nurses and Associates