

The **5 R's** of **greener** endoscopy

Reduce • Reuse • Recycle • Research • Rethink

1. **Reduce...**

- Overall waste production and misclassification
Reduction up to 40% of kgCO₂e per endoscopic procedure
- Overuse of unnecessary materials
- Unnecessary biopsies - only when indicated
biopsy jar with 1 specimen = 0.29 kgCO₂e

