

The “5 Rs” of greener endoscopy

Reduce • Reuse • Recycle • Research • Rethink

Monthly tips brought to you by the Green Endoscopy Working Group.

Reduce...

- overall waste production and misclassification
 - ↳ Reduction up to **40%** of kgCO₂e per endoscopic procedure
- overuse of unnecessary materials
- unnecessary biopsies - only when indicated
 - ↳ **1 biopsy jar** with 1 specimen = **0.29 kgCO₂e**

